

When should my sick child or other family members stay home?



If anyone in the house has:

- Cough
- Shortness of breath
- Difficulty breathing
- New loss of taste
- New loss of smell

OR

At least two of the following:

- Fever
- Chills
- Body aches
- Headache
- Sore throat
- Fatigue
- Nausea or vomiting
- Congestion or runny nose
- Diarrhea



All siblings and household contacts of sick child should not come to school **until contact is made with the school nurse.**



When can we return to school and work?

The sick individual...

Sick Person

Household Members

Is diagnosed with a different illness

Follow guidance from medical provider

All well individuals may return to school & work

Tests negative for COVID-19

24 hours symptom free without using medication

All well individuals may return to school & work

Tests positive for COVID-19

10 days after symptoms started **AND** fever free for 24 hours with other symptoms improving

10 days after last contact with sick person **AND** do not have any COVID symptoms

Does not get COVID-19 test and does not have a medical diagnosis of different illness

10 days after symptoms started **AND** fever free for 24 hours with other symptoms improving

10 days after last contact with sick person **AND** do not have any COVID symptoms

- You are considered a "household member" if you live in the household or stayed overnight for at least one night in a household with a sick person.
- Exclusion dates could change depending on the course of the illness and the treatment options.
- If a student is potentially exposed to COVID-19 at school or elsewhere, the student may be required to stay home from school for a period of time. In a potential exposure situation, contact tracing by the school nurse and Rock County Health Department will determine who will be excluded from school and for how long.